

Big Question: How can I stay safe online?

S

Stay Safe

Don't give out your personal information to people / places you don't know.



M

Don't Meet Up

Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust.



A

Accepting Files

Accepting emails, files, pictures or texts from people you don't know can cause problems.



R

Reliable?

Check information before you believe it. Is the person or website telling the truth?



T

Tell Someone

Tell an adult if someone or something makes you feel worried or uncomfortable.

Follow these SMART tips to keep yourself safe online!

Social media.....

...can be a great way to keep in touch with friends, but there are some simple rules to follow.....



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The 7 golden rules – No. 1

Do not give out personal information

Check 'find your location' is off!

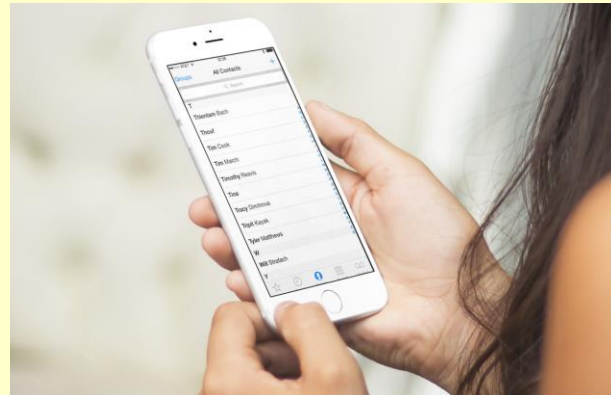


Check your privacy settings – make your posts private

The 7 golden rules – No. 2

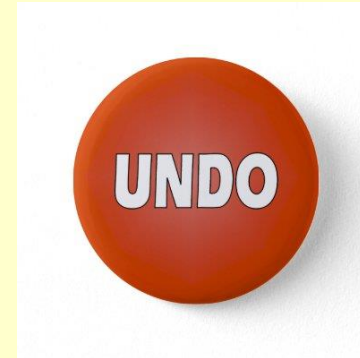
Do not speak to anyone online unless your parent/carer has met them with you in real life and says it is safe to do so. Do not arrange to meet them.

Go through your contacts and delete!



The 7 golden rules – No. 3

There is no UNSEND button!

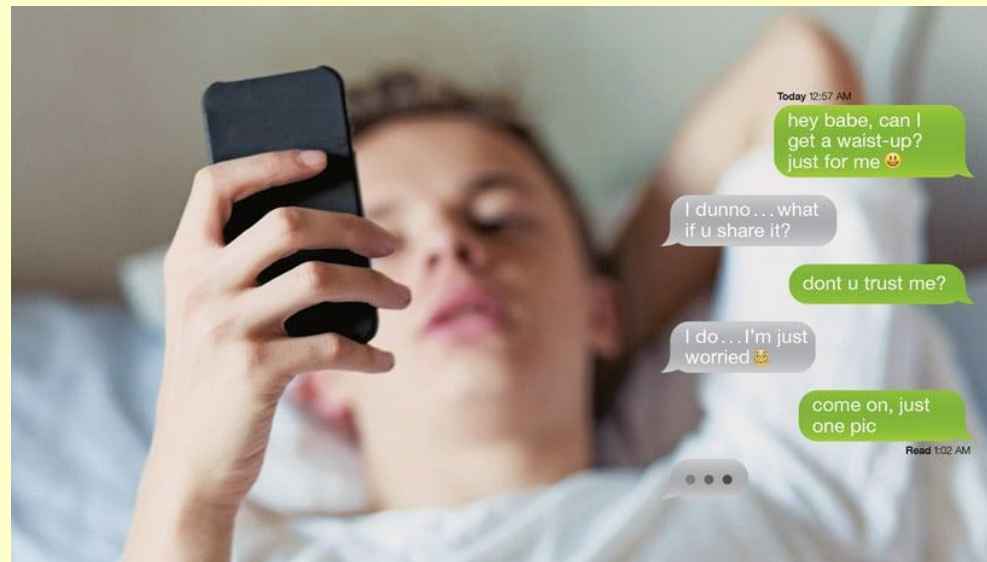


Once you have sent something you cannot retrieve it.



The 7 golden rules – No. 4

Remember that it is illegal for anyone to create, send or receive explicit images of a child



If you wouldn't want your parents/carers to read it or see it don't send it.

The 7 golden rules – No. 5

If you receive or view online content that is offensive or upsetting **tell an adult**. Do not forward it or show it to anyone.



The 7 golden rules – No. 6

Report inappropriate content to get it removed

[Take It Down \(ncmec.org\)](https://ncmec.org)

This is a free service for under 18s that can help you remove or stop the online sharing of images or videos. You can remain anonymous while using the service and you won't have to send your images or videos to anyone.

[Report Remove | Childline](#)

[Eliminating Child Sexual Abuse Online – Internet Watch Foundation \(iwf.org.uk\)](#)

The 7 golden rules – No. 7

If you are worried please tell an adult.



If you stay quiet you could put yourself or others at greater risk.

The 7 golden rules – No. 7

If you stay quiet you could put yourself or others at greater risk.



Be clever and avoid being hacked!

- 1) Ensure passwords are complex and changed regularly
- 2) Use three words e.g. FrenchZebra7Lemonade
- 3) Use two factor authentication for a higher level of security
- 4) Use a password manager
- 5) Do not click on links to other sites or content - **they could be dangerous**



Educational Value

Not present Created for entertainment and n.



Ease of Play

●●●●● Well-organized interface makes l ...



Violence & Scariness

Not present No violence in the app itself; usei.



Sex, Romance & Nudity

Not present No sex in the app itself; user-gen..



Language

Not present No profanity in the app itself; use.



Products & Purchases

●●●●● Users are prompted to join "chall ...



Drinking, Drugs & Smoking

Not present No drugs or drinking in the app it.



fake



fake



fake



real



See or read is real!

Influencers are often **paid** to promote content. Not everything they give links to can be trusted or is safe!