

# Lunch Week 1

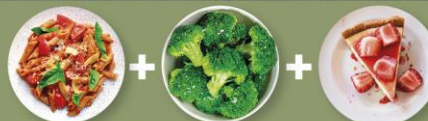
All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Crispy Chicken Burger With Wedges Slaw, BBQ Beans	Beef Chilli with Spicy Rice, Green Salad, Nachos	Roast Gammon with Roast Potatoes, Carrots, Peas	Chicken Tikka Masala with Pilaf Rice, Green Beans, Bombay Potatoes	Battered Fish with Chips, Peas, Baked Beans
<b>Plant Based / Vegetarian Main Meal</b>	Veggie Burger with Seasoned Wedges, Slaw, BBQ Beans	Vegetable Chilli with Spicy Rice, Green Salad, Nachos	Quorn Roast Fillet with Roast Potatoes, Carrots, Peas	Sweet Potato & Chickpea Curry with Pilaf Rice, Green Beans, Bombay Potatoes	Breaded Vegetable Fingers with Chips, Peas, Baked Beans
<b>Street Food</b>	Piri Piri Chicken Wrap	Chicken Burrito	Folded Tikka Naan	Pulled Pork & Stuffing Wrap	Sausages with Chips, Peas Baked Beans
<b>Takeaway Tubs</b>	Spicy Chicken	Penne Arrabiata	Mac & Cheese	Pesto Pasta	Penne Arrabiata
<b>Pizza Slice</b>	Margherita	Pepperoni	Margherita	Pepperoni	Margherita
<b>Jacket Potato</b>	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings
<b>Desserts</b>	Homemade Tray Bakes	Homemade Tray Bakes	Homemade Tray Bakes	Homemade Tray Bakes	Homemade Tray Bakes



## Meal Deal

Main Meal with vegetables and dessert



All of our main meals, sandwiches & desserts are freshly made on site every day.



# Lunch Week 2

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Main Meal

Beef Bolognese with Diced Herb Potatoes, Sweetcorn, Penne Pasta

Katsu Chicken Curry with Coconut Rice, Potato Wedges, Slaw

Roast Turkey with Roast Potatoes, Carrots, Broccoli

Pulled Pork with Cajun Wedges, Slaw, BBQ Beans

Breaded Fish with Chips, Peas, Baked Beans

### Plant Based / Vegetarian Main Meal

Vegan Bolognese with Diced Herb Potatoes, Sweetcorn, Pasta

Spinach & Lentil Curry with Coconut Rice, Potato Wedges, Slaw

Quorn Roast Fillet with Roast Potatoes, Carrots, Broccoli

Quorn Cumberland Sausages with Cajun Wedges, Slaw, BBQ Beans

Sweet Potato Falafel Gyros with Chips, Peas, Baked Beans

### Street Food

BBQ Chicken Wrap

Southern Fried Chicken Flat Bread

Folded Tandoori Nann Bread

Jerk Chicken Wrap

Chicken Nuggets, with Chips, Peas, Baked Beans

### Takeaway Tubs

Tomato & Mascarpone Pasta

Cheese & Ham Pasta

Tomato & Basil Pasta

Pesto Pasta

Cheese & Leek

### Pizza Slice

Margherita

Pepperoni

Margherita

Pepperoni

Margherita

### Jacket Potato

Available daily with a range of delicious fillings

Available daily with a range of delicious fillings

Available daily with a range of delicious fillings

Available daily with a range of delicious fillings

Available daily with a range of delicious fillings

### Desserts

Homemade Tray Bake

Homemade Tray Bake

Homemade Tray Bake

Homemade Tray Bake

Homemade Tray Bake



## Meal Deal

Main Meal with vegetables and dessert



All of our main meals, sandwiches & desserts are freshly made on site every day.



# Lunch Week 3

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Main Meal

Piri Piri Chicken with Patatas Bravas, Spicy Rice, Peas

Southern Fried Chicken Wrap, With Wedges, Slaw & Sweetcorn

Roast Pork with Roast Potatoes, Carrots, Green Beans

Sticky Chicken with Noodles, Broccoli, Steamed Coconut Rice

Battered Fish with Chips, Peas, Baked Beans

### Plant Based / Vegetarian Main Meal

Quorn Chilli Burrito with Patatas Bravas, Spicy Rice, Peas

Veggie Finger Wrap With Wedges, Slaw & Sweetcorn

Quorn Sausages with Roast Potatoes, Carrots, Green Beans

Vegetable Red Thai Curry with Noodles, Broccoli, Steamed Coconut Rice

Vegan Sausage Roll with Chips, Peas Baked Beans

### Street Food

BBQ Pulled Pork Nachos

Cheeseburger With Tomato Ketchup & Garlic Mayo

Folded Tikka Naan

Pulled Pork Bap

Sausages with Chips, Peas Baked Beans

### Takeaway Tubs

Meat ball Pasta

Tomato & Vegetable Pasta

Pesto Pasta

Mac & Cheese

Tomato & Basil Pasta

### Pizza Slice

Margherita

Pepperoni

Margherita

Pepperoni

Margherita

### Jacket Potato

Available daily with a range of delicious fillings

Available daily with a range of delicious fillings

Available daily with a range of delicious fillings

Available daily with a range of delicious fillings

Available daily with a range of delicious fillings

### Desserts

Homemade Tray Bake

Homemade Tray Bake

Homemade Tray Bake

Homemade Tray Bake

Homemade Tray Bake

## Meal Deal

Main Meal with vegetables and dessert



All of our main meals, sandwiches & desserts are freshly made on site every day.

