

Physical Education – Curriculum intent and Implementation 2019 -2020

The **Intent** of Physical Education Curriculum at Chipping Sodbury School is:

“To educate and promote the benefits of healthy and active lifestyles; for academic success and lifelong participation in physical activity”

- Develop passionate, engaged and enthusiastic students.
- Develop a lifelong love of sports and physical exercise.
- Make positive informed choices around their health, well-being and diet.
- Have the opportunity to experience a balanced and varied curriculum allowing students to participate in a wide variety of activities covering outwitting, racket, striking and fielding, aesthetics and athletics.
- Attend extra-curricular sporting clubs and competitions, have an opportunity to represent their school and community.
- Link the benefits of a healthy diet and physical activity to mental and physical well-being.
- Develop their leadership qualities and skills through sport.
- Apply their mathematical knowledge to their understanding of PE, including measuring, timing, estimating and analysing data.
- Understand how to exercise safely.
- Have a sound understanding of different sports, their origins, including British and world-wide sporting role models.
- Use technical terminology with confidence accurately and precisely, building up an extended specialist vocabulary
- Prepare pupils to transition from KS3 to KS4 with the skills, knowledge, character and leadership to excel in KS4.
- Prepare pupils to transition from KS4 to KS5 with the skills, knowledge, character and leadership to excel in KS5 as part of the CEDGE.

The intent of our curriculum is **implemented** through:

- Studying a variety of sports and activities - experiencing tactics and strategies through a series of condition and competitive games.
- Providing opportunities for pupils to develop their knowledge and understanding of health and fitness
- Having the opportunity to attend extra-curricular activities and represent the school. Celebrating successes and manage the challenges of defeat.
- Being assessed in two assessment strands. This falls directly in line with assessment in KS4 PE courses
 - **Skill** – Students must demonstrate their ability to develop and apply the core skills/techniques in increasingly demanding and progressive drills.
 - **Full Context** - Students must demonstrate their ability to apply the core skills/techniques, specific to their position where appropriate, in the full context games/scenarios.
- Lessons that will be practical, progressive and differentiated. They will be challenging whilst supporting the needs of all students.
- promoting underlying themes/components of the AQA GCSE Physical Education course & the NCPE VCERT in Health and Fitness course, in order to provide a foundation for a positive transition to KS4